

We hope this curriculum overview helps parents / carers to understand more about our curriculum, and to support students to continue learning at home. Please visit the subject page of our website to find more detailed information about the curriculum.

Subject	What are students learning in lessons?	What could students do to extend their learning and develop their character?
Autumn Term 1	Mental health and wellbeing: signs and symptoms of mental illness, 5 ways to wellbeing, strategies to cope with anxiety, inclusion, safeguarding awareness.	Demonstrate 5 ways to wellbeing: connect, be active, take notice, keep learning, give.
Autumn Term 2	Healthy relationships: anatomical changes in puberty, emotions, intimacy in relationships, identity, consent, rule of law, pregnancy and abortion, contraceptives, STI's.	Be curious: read 'help me out - relationships' on CBBC website.
Spring Term 1	Keeping safe: potential abuse, risky scenarios, online exploitation, child sexual exploitation, first aid and medical emergencies, safeguarding awareness.	Be curious: find out more about first aid using the St John's ambulance videos.
Spring Term 2	Keeping safe: peer pressure, peer on peer abuse, bullying, cyber bullying, grooming, managing conflict.	Be curious: explore BBC bitesize website for strategies in dealing with, and managing, conflict and risky situations.
Summer Term 1	Managing conflict: emotional regulation and management, 5 ways to wellbeing, conflict resolution.	Demonstrate respect and kindness with your friends, teachers and family / carers.
Summer Term 2	The wider world: GCSE selection process, qualifications and routes after completing year 11, A levels at TRS, career choices.	Be curious: explore the website 'career pilot' to research the skill set that you hold and what jobs might align with your skills.

How should I plan my time?	Assessment	Home Learning
	<p>Students think hard and answer lots of questions every lesson.</p> <p>Students practice and get feedback on their work.</p> <p>Exam: Students will not sit an exam.</p>	No compulsory home learning.